

Mood Dining

Rise and Shine



400++

A mindful start for a harmonious, balanced day

Early Bird Cleansing

- Refreshing healthy juice delivered to your villa at 06.30
- 45-minute private yoga session in the privacy of your villa
- 30-minute Musclease mud treatment, followed by a revitalising shower
- 45-minute Vigour Back Massage

Private Breakfast on Your Villa Terrace

Tropical Sunrise Fruit Platter

Coconut and Chia Superfood Parfait

Artisanal Pastry Selection

10 Grains Toast with Avocado and Poached Egg

Served with Pico de Gallo,

Hollandaise and Caviar

All prices are quoted in US dollars, per person and exclude a 10% service charge and 17% government taxes.

Milaidhoo Mood



360++

Soothe Travel Fatigue and Ease Into Paradise

Travel Recovery Ritual

- 90-Minute Tibetan Ku Nye Massage
- Rejuvenating Tibetan body treatment using oils, cupping and acupressure to restore balance and vitality

Dinner on Your Villa Terrace

Starter

- Ocean Signature Sushi and Sashimi Platter
- Yellowfin tuna, reef fish, assorted Maki rolls served with wasabi, pickled ginger and spiced soy

Main Course (Select one option)

- Grass-fed Angus tenderloin black truffle potato purée, charred broccolini and port wine jus
- Charcoal-grilled tiger prawns

Served with coconut–lime jasmine rice, a gently spiced curry sauce, tender grilled baby corn and finished with a light chilli–lime glaze

Dessert (Select one option)

- Valrhona Chocolate Fondant

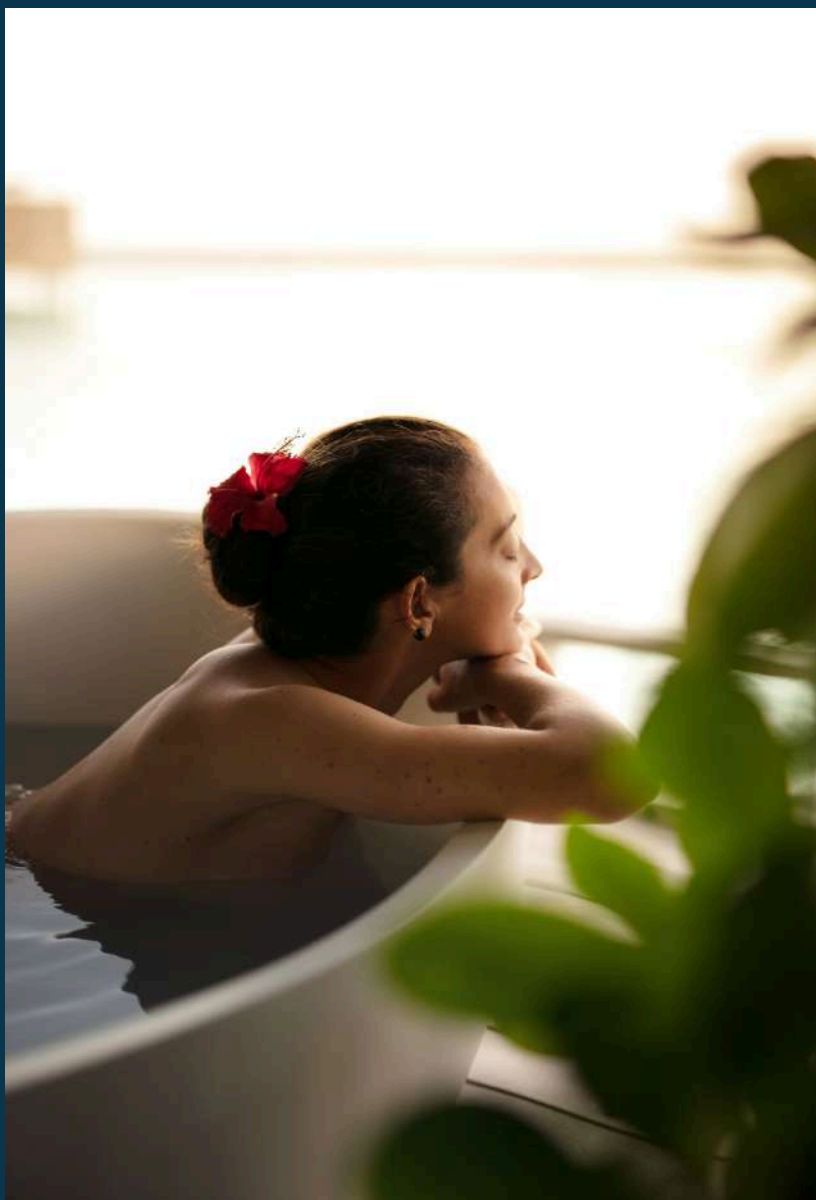
Warm molten-centred chocolate cake with pistachio gelato and gold-dusted hazelnut praline

- Exotic Fruit Symphony

Gently poached tropical fruits with lemongrass-berry relish, coconut sorbet and toasted coconut crisps

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Deep Sleep



450++

A Restorative Journey to Serene Slumber

Twilight Renewal

- 90-Minute Swedish Massage
- Singing Bowl Meditation in the privacy of your villa
- Aromatherapy Bath Ceremony for deep restoration

Dinner in your Villa

Starter (Select one option)

- Charred Asparagus and Burrata
Grilled asparagus, burrata, toasted almonds, lemon zest and extra virgin olive oil
- Thai Crab Larb Salad (Larb Pu)
Crab meat with toasted ground rice, lime juice, fish sauce, palm sugar, chilli, shallots, mint and coriander

Main Course (Select one option)

- Coconut-Crusted Lobster Tail
Oven-roasted lobster tail with kaffir lime butter, jasmine coconut rice, grilled asparagus and a mango-avocado salsa
- Aged Wagyu Beef Tenderloin with Morel Jus
Chargrilled beef tenderloin, roasted pumpkin purée, wok-tossed bok choy and a morel jus

Dessert (Select one option)

- Pandan Crème Brûlée
Pandan-infused custard with caramelised sugar crust and fresh berries
- Five-Spice Tropical Fruit Salad
Served with coconut sorbet, fresh mint and passionfruit coulis

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1100++

Revitalise and Reset



Recharge Your Energy, Restore Your Balance

Total Rejuvenation

- 30-Minute Private Breathwork Session
Awaken your senses and centre your mind
- Private Sunrise Yoga and Meditation -
Find serenity on the sandbank as the day begins
- Sandbank Breakfast
A refreshing, scenic start to your morning
- Detox Beverage
Choose from revitalising fresh juice or soothing herbal tea
- 2.5-Hour Submerge Your Senses Spa Journey
A personalised ritual, created after consultation, to fully restore and rejuvenate mind and body

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