



Mood Dining

Rise and Shine



400++

*Start into the day
healthy and full of
energy*

Early Bird Cleansing

- Healthy juice in your villa at 6.30
- 45 min private yoga class at 6.45 in the yoga pavilion
- 30 min Musclease mud application with steam and refreshing shower
- 45 min TheraNaka Vigour Back Massage

Private breakfast on the villa terrace

Fresh tropical fruit plate

Vanilla Greek yoghurt with chia seed and berries

Croissant basket

Royale Poached Egg with Smoked Salmon, Asparagus and Imperial Caviar

Prices are in US dollars, per person and do not include 10% service charge and 17% government taxes.

360++

Milaidhoo Mood



*Overcome travel related
exhaustion and ease into
your holiday*

90 min TheraNaka™ African Awakening
Massage

Dinner on the Villa Terrace

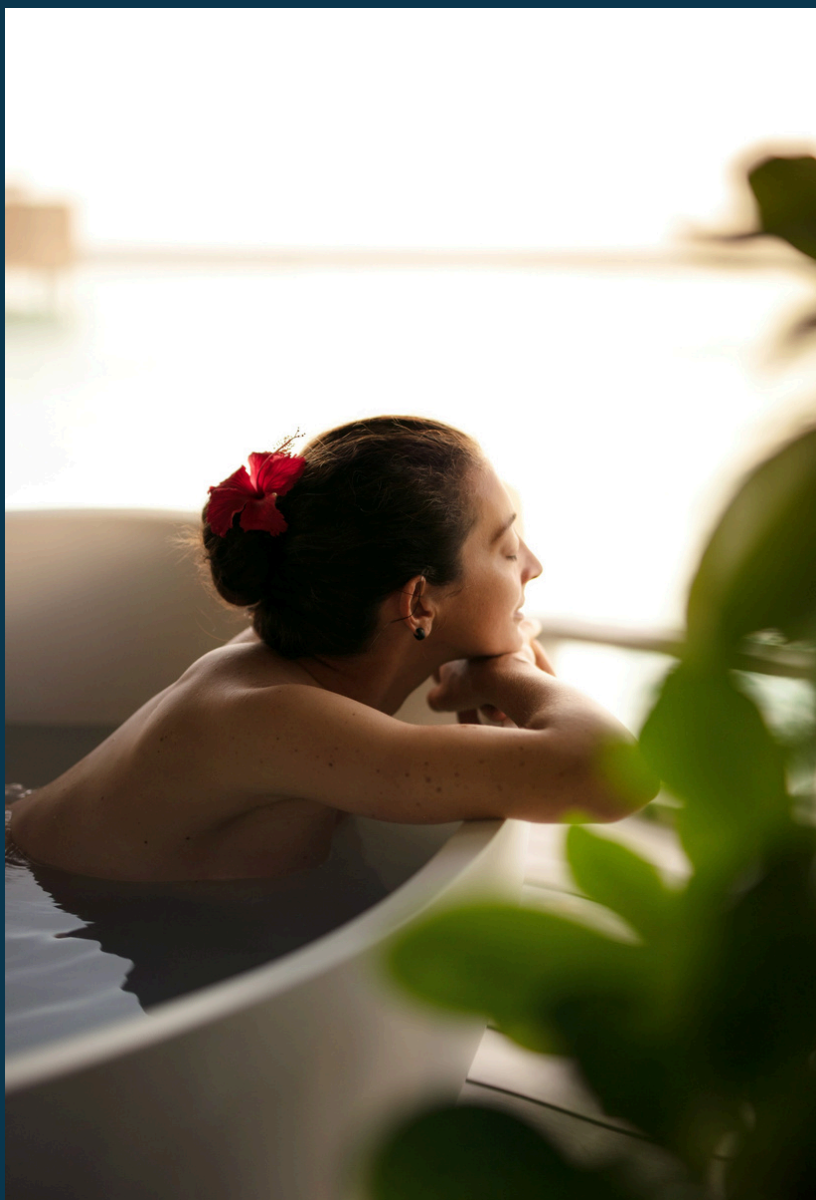
Sushi selection: maki roll, nigiri, sashimi OR
Roasted scallops with guacamole and tropical
tomato salsa

Beef tenderloin with tiger prawn, truffle potato
purée and season vegetables OR
Reef fish and tiger prawn with vegetable roots
and coconut rice

Chocolate Lava & Pistachio Ice Cream or Exotic
Fruit Salad and Berry Relish Crème

Prices are in US dollars, per person and do not include 10% service charge
and 17% government taxes.

Deep Sleep



450++

*Wind down and catch a
good night sleep, easy
and relaxed*

90 min Swedish Massage

Dinner in the Villa

Minestrone soup, pasta and vegetable or coconut tomato soup and herb oil

Maldivian marinated reef fish, babybok choy and mushroom, creamy chimichurri OR
Baby chicken with butter vegetables and mashed potatoes

Coconut sago pudding with cardamom, caramelised bananas and black sesame or Five-spice marinated fruit salad and vanilla ice cream

30 min singing bowl meditation in the villa

TheraNaka Bath Ceremony in the Villa

Prices are in US dollars, per person and do not include 10% service charge and 17% government taxes.

Revitalise and Reset



1100++

*Breath in, feel relief
and energise*

A private breathwork session for 30 min

A private sunrise yoga session and meditation on the sandbank, followed by breakfast on the sandbank

Daily detox juice to tea as preferred

A 2.5-hour submerge your senses spa treatment

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