



A RARE CHAPTER IN INTEGRATIVE WELLBEING

With Dr Lim Xiang Jun

Practitioner in Residence



14th to 20th September 2026

ABOUT THE PRACTITIONER

Dr Lim Xiang Jun founded Dr Xiang Jun, The Modern Traditional Doctor, a premium integrative acupuncture and Traditional Chinese Medicine (TCM) practice in Singapore. A Singaporean native, Dr Lim holds a doctorate in acupuncture from Beijing University of Chinese Medicine, alongside dual degrees in biomedical science and traditional Chinese medicine.

Practising since 2005, Dr Lim brings over 20 years of clinical experience, including seven formative years in Beijing, where she trained under leading TCM and acupuncture masters. Her lifelong pursuit of knowledge has led her to study a rare breadth of holistic disciplines, including Ayurveda, yoga, meditation, Tibetan medicine, Reiki, shamanism, metaphysics and Bazi astrology, feng shui, crystal healing and energy medicine.

Internationally recognised and frequently featured in The Straits Times for her signature facial aesthetic therapies, Dr Lim is regularly invited to speak at global wellness forums and media platforms. Her work is defined by a deeply personalised approach where ancient wisdom, modern science and energetic medicine converge.

During her residency at Milaidhoo Maldives, Dr Lim offers a bespoke integrative wellness journey, thoughtfully designed to support physical vitality, emotional balance, and energetic alignment.

CONSULTATIONS & HOLISTIC COACHING

- Holistic Health Discovery
15 minutes | Complimentary

A relaxed, no-obligation consultation to explore your wellness goals and receive personalised guidance on suitable therapies during your stay.

- Integrative Holistic Health Coaching
30 minutes | \$ 198

A personalised coaching session offering lifestyle and wellbeing guidance based on metaphysics, Bazi astrology, elemental analysis, and holistic health assessment, drawing from TCM, Western medicine, yoga, meditation, Ayurveda and spiritual practices.



INTEGRATIVE HOLISTIC THERAPIES

30 minutes \$ 198 | 60 minutes \$ 368

Acupuncture (Pain Relief, Sleep, Digestion, Detox, Jet Lag, Energy, Weight Management, Hair Growth, Libido Enhancement)

Fire Dry Cupping

Moxibustion

Traditional Tuina Acupressure Massage

Integrative Abdominal Bodywork (Chi Nei Tsang)

Enhancement Add-Ons

(Available during the same session, as advised during consultation)

\$ 88 per add-on

• Cupping • Moxibustion • Electrotherapy • Ayurveda Herbal Oil Infusion • Ear Seeding • Acupressure • Tibetan Herbal Stone Therapy • Hip Balancing & Postural Correction • Reiki • Sound Healing • Tibetan Mantra Healing

Standalone Add-On Therapies:

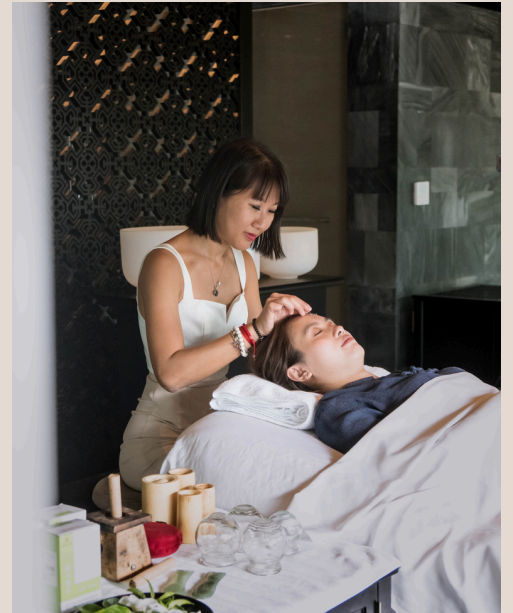
30 minutes \$ 198 | 60 minutes \$ 368



FACIAL AESTHETIC THERAPIES

30 minutes \$ 198 | 60 minutes \$ 368

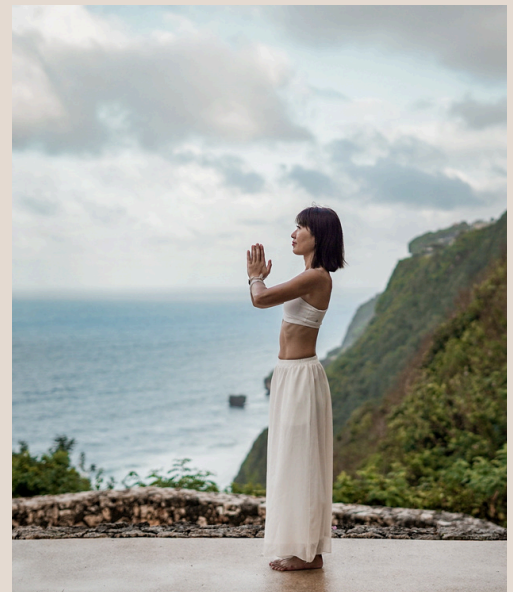
- Facial Acupuncture
- Facial Guasha
- Facial Dien Chan Reflexology & Sculpting



BODYWORK & ENERGETIC THERAPIES

30 minutes USD 198 | 60 minutes USD 368

- Hip Balancing & Postural Correction
- Meditation Therapy
- Yoga Therapy
- Breathwork Therapy
- Qigong Therapy
- Reiki Therapy
- Embodiment Tension Release & Trauma Healing
- Tibetan Mantra Healing
- Sound Healing



All prices are in USD (\$) and subject to 10% Service Charge and 17% Government Tax.

Advance booking is recommended.

Please contact your Island Host for reservations and personalised guidance.